Keep Technical Practice Musical

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We spend many hours practising, and sometimes our expected outcome sounds exceptionally disconnected from what we desire. We practise slowly with discipline, and this process is undoubtedly vital. However, we felt lost during the practice that our minds are solely occupied by only aspiring for perfect techniques; our playing does not connect to our souls.

Why do the required techniques from the music we worked on seem lost and not adequately executed for musical expression? We may have forgotten that all the technical elements are based on the musical development of each piece. There is certainly more to explore and experience than simply a technical approach in music.

"We persevere for the best technique to express the music we respect."

A few brief suggestions may help you keep your technical practice enhanced more musical approach.

1) Look for a balanced strategy in practice with intellectual and musical development.
2) Analyse how the composer wrote the music and its emotions. The music's harmonious background selectively decides what technical elements we suggest to play that distinctive piece.
3) Pay attention to how we organise the required techniques, from singing to every specific detail in the music. (Singing is the most natural way to feel the music.) The practice involves the coordination of our mind and senses.
4) Evaluate the process in practice and adjust accordingly.
5) Meditate on the music emotionally, intellectually and musically.

In closing, all the techniques are tools of musical expression. We persevere for the best techniques to express the music we respect and are emotionally attached to and balance those two aspects for our musical journey.